



## **RULES**

**ČESKÁ ASOCIACE CHEERLEADERS**

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# 1 GENERAL REGULATIONS

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**Roller Coaster Cup** (hereinafter „RCC“ or „competition“) is an international cheerleading competition that will take place on the 25. 3. 2018 in TJ Královka in Prague. The competition is announced by the Committee of the Czech Cheerleaders Association (hereinafter "ČACH"), which is also the organizer of the competition and is obliged to ensure its smooth running.

The competition is part of the Czech National Cheer League (hereinafter "CNCL") and ECU European Cheer League (hereinafter "ECL").

## 1.1 REGISTRATION FOR THE COMPETITION

Registration for the competition is possible via the Electronic Registration System of ČACH, which can be accessed at: [www.cach.cz/regitrace](http://www.cach.cz/regitrace). A properly completed application form can be sent at least one month before the competition, ie by 24.2.2018. If you have any questions about the registration or your team is not a member of ČACH please contact ČACH via e-mail [registration@cach.cz](mailto:registration@cach.cz).

The capacity of the competition is limited. The registration of the competition group depends on the ČACH and the capacity of the competition venue and the date of registration.

In each team competition group you may register in:

- 6-26 Athletes (according to the Division, Chapter 4)
- Up to 5 Substitutes
- max. 3 Trainers
- Up to 5 Spotters
- max. 2 more accompaniment

One person may, at the same time, play several of the above roles at the same time. The individual roles of the participants in the competition are authorized by their accreditation to:

- Athlete - a registered member of the Club; backstage; competition area during the performance, without a seat in the auditorium.
- Substitute - Registered Club Member; backstage; at the marked place on the side of the competition area; without the seat in the auditorium.
- Coach - Registered Club Coach; backstage; at the marked place in front of the competition area; without the seat in the auditorium.
- Spotter - may not be a registered member of the club; backstage; behind the competition area in the position of an external spotter during the; without the seat in the auditorium.
- Companion - Not a registered member of a club; backstage; at the marked place on the side of the competition area; without the seat in the auditorium.
- Delegate - a person acting for a Club or a Contact Person; backstage; at the marked spot on the side of the competition area during the performance of his Club; entry to the VIP room;

All persons with the above-mentioned roles must be named in the registration system no later than one month before the competition. Only this number of people will accompany the competition group in the competition area. The list of the names of the substitutes, coaches, spotters and other accompaniment must be finalized one week before the competition.

Changes in the registration or inevitable requests for changes to the competition schedule, it is possible to notify the organizer of the competition via e-mail [regitrace@cach.cz](mailto:regitrace@cach.cz) at least two weeks before the competition, ie. 9.3.2018

## 1.2 REGISTRATION FEES

### The price of the registration fee for 1 person (CZK/EUR)

Competitor, substitute	16 EUR
Non-competitive participant (coach, spotter, etc.)	10 EUR

Even if one person compete in more than one division the registration fee is the same.

The organizer will provide a discount:

- 100% of the competition fee and VIP accreditation for up to two Club representatives (club managers or contact person in the competition). For more than two Club representatives please contact the organiser.
- 50% of the competition fee for a Mini age category.

After ČACH accept your registration, will issue an invoice to the Club, which will be send to email (from the registration form). The Registered Club is obliged to pay the invoice in the specified amount and due maturity to Čach account.

Registration fees are non-refundable. Due registration the Club agrees to pay the invoice. If the Club does not pay the invoice due to maturity, additional fees will be charged to it.

The same rule in applying for registration after the deadline. And in this case ČACH can no longer guarantee the promotion on the materials related to competitions and / or because of the capacity can ČACH refuse he registration.

## 1.3 CHANGES IN THE ROSTER

In case of a replacement of the Competitor for a registered Substitute, it is necessary to notify the organizer of the competition to [registration@cach.cz](mailto:registration@cach.cz) as soon as possible. In case of illness or injury on the day of the competition, you should immediately report the fact to the organizer at the registration or at the entry to the competition floor via the designated Club Contact Person.

Necessary changes in the competition schedule may be reported to the organizer no later than 2 weeks prior to the competition, ie until 9 March 2018.

For each administrative action (change or extra item) requested after the specified deadline, the Club will be charged a fee of CZK 100. Applies to the list of competitors, names of competition groups, competitive music, schedule or names of competition groups, etc.

## 1.4 WITHDRAWAL OF COMPETITION

A registered Club that will not be able to compete will be obliged to notify the organizer of the competition via e-mail [registration@cach.cz](mailto:registration@cach.cz) as soon as possible.

The cancellation of the participations can be announce in at the latest 14 days before the event, including. The cancellation fee in this case is 50% of the competition fee. After this date the cancellation fee will be 100% of the competition fee. The cancellation fee will be charged regardless of whether an incoming invoice has already been issued or whether the invoice has already been paid or not.

# 2 COMPETENCE

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## 2.1 CONDITIONS OF PARTICIPATION

All Clubs are eligible to participate in the competition if in due time:

- apply for participation in the ČACH via the ERS
- and pay the registration fees according to the invoice issued by ČACH.

Further:

- An eligible competitor must be a member of the registered club of ČACH or a foreign guest.
- ČACH registration cards (or other identity documents) of all competitors must be available throughout the competition. If the ID is not shown, the competitor will not be allowed to participate, the competition group will be disqualified.
- To maintain competition, each Competitive Division will be open if at least three competition groups are registered. At the same time, ČACH reserves the right to merge the less-favored divisions with similar divisions, if necessary, to ensure a competitive environment.
- Each participate Club is required to designate one adult person so-called "contact person" who will ensure all communication between the organizer of the event and his / her Club during the entire competition day and after the competition.

## 2.2 CROSSOVERS

- Each competitor can compete for only one Club. One club can start at the same time in more competition divisions.
- Each competitor can only start in one competition group in that division.
- Each competitor can compete only within one age group within the Cheer Division and only within one age group within the Performance Division.  
(Specification: The competitor is not allowed to compete in a multiple age groups at the same time (for example Peewee and Youth). However, the crossing of the age groups between Cheer and Performance Divisions is allowed - the competitor may be Peewee in Cheer Divisions and at the same time can compete as Youth in Performance Divisions, if the birth year corresponds to the Rules.)
- Within the CHEER category, one competitor can only compete in one of the difficulty levels.
- Within the PRERFORMANCE category, one competitor can participate in all three dance styles.

## 2.3 HEALTH INSURANCE AND ELIGIBILITY

The Club and the Contact Person named in the registration form are responsible for the fitness of the competitors. Each participant / team should have their personal / team insurance. ČACH is not responsible for any injuries sustained during the competition but will provide health care (first aid) during the competition.

# 3 AGE GROUPS

## 3.1 AGE GROUPS – CHEER CATEGORY

AGE GROUPS	AGE	YEARS OF BIRTH (INCLUDING)
Mini - Novice (L1)	3 – 7 years	2011 - 2015
Peewee - Novice (L1) Peewee - Intermediate (L2)	6 - 12 years	2006 - 2012
Youth - Median (L3)	9 – 14 years	2004 - 2009
Junior/Senior - Beginner (L2) (It's the only one category)	from 12 years	From year 2006
Junior - Advance (L4) Junior - Elite (L5)	12 - 16 years	2002 - 2006
Senior - Advance (L4) Senior - Elite (L5)	From 14 years	From year 2004
Senior – Premier (L6) Senior – Partner stunts (L6)	From 15 years	From year 2003

## 3.2 AGE GROUPS – PERFORMANCE CATEGORY

AGE GROUPS	AGE	YEARS OF BIRTH (INCLUDING)
Peewee	6 - 12 years	2006 - 2012
Youth	9 - 14 years	2004 - 2009
Junior	12 - 16 years	2002 - 2006
Senior	from 14 years	From year 2004

# 4 OVERVIEW OF OPEN DIVISIONS

Individual divisions are control by **LevelBook ČACH 2018/19** and will be evaluated by **Score Sheets ČACH 2017/18**, which are found in separate documents valid for the whole season on [www.cach.cz](http://www.cach.cz).

## 4.1 CHEERLEADING CATEGORY / DIVISIONS

In Coed Division, at least one male competitor must be part of the competition group. In AllGirl divisions may participate only female competitors.

For safety reasons, we recommend considering the presence of external spotters at all cheer divisions. The age and physical fitness of the external spotter must be proportional to the competition group.

### KATEGORIE TEAM CHEER

Skupina	Level		Počet sportovců	Pohlaví	Délka sestavy	Zkratka divize	
MINI	NOVICE (L1)		6 - 25	M + Ž	Max. 2:30 + pokřik	CTM1	
PEEWEE	NOVICE (L1)		8 - 25	M + Ž	Max. 2:30 + pokřik	CTP1	
	INTERMEDIATE (L2)		8 - 25	M + Ž	Max. 2:30 + pokřik	CTP2	
YOUTH	MEDIAN (L3)		8 - 25	M + Ž	Max. 2:30 + pokřik	CTY3	
JUNIOR	BEGINNER (L2) ´		6 - 25	M + Ž	Max. 2:30 + pokřik	CTB2	
	ADVANCED (L4)		8 - 25	M + Ž	Max. 2:30 + pokřik	CTJ4	
		AllGirl	Small *	8 - 15	Ž	Max. 2:30 + pokřik	CTJ5AS
	Large *		16 - 25	Ž	Max. 2:30 + pokřik	CTJ5AL	
	ELITE (L5)	Coed	Small *	8 - 15	M + Ž	Max. 2:30 + pokřik	CTJ5CS
			Large *	16 - 25	M + Ž	Max. 2:30 + pokřik	CTJ5CL
SENIOR	BEGINNER (L2) ´		6 - 25	M + Ž	Max. 2:30 + pokřik	CTB2	
	ADVANCED (L4)		8 - 25	M + Ž	Max. 2:30 + pokřik	CTS4	
		AllGirl	Small *	8 - 15	Ž	Max. 2:30 + pokřik	CTS5AS
	Large *		16 - 25	Ž	Max. 2:30 + pokřik	CTS5AL	
	ELITE (L5)	Coed	Small *	8 - 15	M + Ž	Max. 2:30 + pokřik	CTS5CS
			Large *	16 - 25	M + Ž	Max. 2:30 + pokřik	CTS5CL
	PREMIER (L6)	AllGirl		8 - 25	Ž	Max. 2:30 + pokřik	CTS6A
		Coed		8 - 25	M + Ž	Max. 2:30 + pokřik	CTS6C

### KATEGORIE PARTNER STUNT

Skupina	Level		Počet sportovců	Pohlaví	Délka sestavy	Zkratka divize
JUNIOR	ELITE (L5)	Coed	2 + S	1 M + 1 Ž + S	Max 1 min	PSJ5
SENIOR	PREMIER (L6)	Coed	2 + S	1 M + 1 Ž + S	Max 1 min	PSS6

M - male Ž - female, S – spotter

\* Small and Large divisions are ranked and announced together. It's only important for the competition Czech Cheer Nationals because of the nomination for the Europeans.

'Beginner L2 Junior and Senior are one common division for competitors from 12 years of age.

## 4.2 PERFORMANCE CATEGORY / DIVISIONS

Competitive group in performance categories can be mixed of both male and female.  
Soutěžní skupina v kategorii Cheer Dance **může být složena z mužů i žen.**

### KATEGORIE PERFORMANCE

Skupina	Level		Počet sportovců	Pohlaví	Délka sestavy	Zkratka divize
PEEWEE	FREESTYLE POM		8 - 25	M + Ž	Max. 2:30	PPF
YOUTH	FREESTYLE POM		8 - 25	M + Ž	Max. 2:30	PYF
JUNIOR	FREESTYLE POM	Small *	8 - 15	M + Ž	Max. 2:30	PJFS
		Large *	16 - 25	M + Ž	Max. 2:30	PJFL
	HIP HOP	Small *	8 - 15	M + Ž	Max. 2:30	PJHS
		Large *	16 - 25	M + Ž	Max. 2:30	PJHL
	JAZZ	Small *	8 - 15	M + Ž	Max. 2:30	PJJS
		Large *	16 - 25	M + Ž	Max. 2:30	PJL
SENIOR	FREESTYLE POM	Small *	8 - 15	M + Ž	Max. 2:30	PSFS
		Large *	16 - 25	M + Ž	Max. 2:30	PSFL
	HIP HOP	Small *	8 - 15	M + Ž	Max. 2:30	PSHS
		Large *	16 - 25	M + Ž	Max. 2:30	PSHL
	JAZZ	Small *	8 - 15	M + Ž	Max. 2:30	PSJS
		Large *	16 - 25	M + Ž	Max. 2:30	PSJL

M - male Ž - female, S – spotter

\* Small and Large divisions are ranked and announced together. It's only important for the competition Czech Cheer Nationals because of the nomination for the Europeans.

# 5 MUSIC

## 5.1 LENGTH OF ROUTINE

DIVISIONS	LENGTH OF ROUTINE
<b>Cheer Team</b>	Max 2 minutes and 30 seconds (2 min 30 sec) + cheer (recommended maximal length is 30 sec) Length between cheer and routine is max 20 sec
<b>Performance team</b>	Max 2 minutes and 30 seconds (2 min 30 sec)
<b>Partner Stunt</b>	Max 1 minute (1 min)



## 5.2 MUSIC

All competition groups upload their music files in the ČACH Electronic Registration System no later than 1 week before the competition - until 16.3.2018.

Record music files only in MP3 format! The songs must be marked with a competition number (see Schedule), the name of the Club, the competition division and the competition group name eg: 001\_Bears\_CTAS6\_GreanBears.MP3. At the same time, we recommend having a backup medium (for example, a CD or flash disk) and one representative from the Club present during the competition.

Composition and music must be in accordance with general moral principles! Any vulgar, racist or obscene texts or movements could result in the disqualification of the competition group! No voices or words to help the competition Group at the shouting volume can be recorded through music.

## 5.3 THE OPENING AND CLOSING OF THE ROUTINE

Preparation time before and after the performance is together thirty (30) seconds.

Time starts with the first note of music, shouting or the first move and ends with the end of the shouting, the last note of music or when the competitors are in a quiet position. The routine must begin at competition floor and is subject of Levelbook conditions.

Any skills made after the time is up will not be evaluated. Exceeding the time limit is penalized according to chapter 9 (not applicable to dismounts from pyramids or stunts).

# 6 COMPETITION FLOOR

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Cheerleading competition floor has dimensions of 14 x 14 m. The character of the area for all cheerleading divisions is gymnastics carpet called Flexi Roll.

The character of the competition area for all the dance divisions is called Baletizol and has dimensions of 12 x 12 m.

# 7 EVALUATION

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## 7.1 JUDGES

ČACH will provide at least 3 appropriate judges. "Professional Judge" is defined as a person who has been or is an active or passive in any sport, preferably in the cheerleading or dance performance.

## 7.2 SCORES

A panel of judges will score the teams using a **100 point system** (only for Level 1 and Level 2 is the maximum point of 85 points) via judging sheets. Points from each judge are counted together for the final result.

The winner of the division becomes the competition group with the highest point rating. In the case of a draw in the first three places, the final placement will be set according to a better average placement. If the draw persists, the judges will decide on the final ranking.

Judges cannot talk about any results and/or about anything that connects with points with the competitors before the final ceremony.

By participating each team agrees that judge's results are final and will not be subject of a review.

## 7.3 SCORE SHEETS

Each Division will be evaluated by **Scoring sheet ČACH 2017/18**, which can be found in a separate document on [www.cach.cz](http://www.cach.cz).

Each club has a right to get **copies of all score sheets** of all the competition groups from the team. Score sheet will be ready after the final ceremony ends. If this is not technically possible, the score sheets will be sent electronically to the contact person.

# 8 AWARDS

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First to third place in all open divisions will be awarded with medals and trophies. The Diplomas will be handed over to all competition groups. The announcement of the results will take place during / at the end of the competition day according to the competition schedule.

Competition groups at the Mini divisions will be announced and awarded immediately after the performance without any announcement of the place. All competitors in this age group will receive a medal.

# 9 DOPING

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These rules are based on the Directive for the Control and Punishment of Doping in Sport, so the competitors in the competition are also required to comply with this Directive. The current list of prohibited substances for the given year and the application forms for the therapeutic exception are always available at [www.antidoping.cz](http://www.antidoping.cz). In case of use of the therapeutic exception, please make sure you show it at the registration at the latest.

# 10 FAIR PLAY

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All participants, according to registration form, agree that they will behave fairly and positively during and outside the competition.

The responsible person / coach of each Club is responsible for the fact that all members of their Club, coaches, parents and other persons associated with the Club behave appropriately throughout the competition.

Serious cases of non-sports behavior can lead to disqualification of the Competition Group or the Club.

# 11 SANCTION

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## 11.1 PENALTIES

Penalties will be deducted from the total result = the sum of the scoring sheets from all judges. For each judge, points will be deducted from the total result as follows:

1) Exceeding the time limit for a competitive performance on:

- 5-10 seconds = one (1) penalty point for each of the judges
- 11 and more seconds = three (3) penalty points for each of the judges

2) A violation of the rules specified by the Levels:

- Five (5) points of penalty will be dropped for each of the judges and a banned procedure.

In case of violation of specific rules in multiple cases at once (including canons), it will be considered as a single violation of this specific rule.

## 11.2 PENALTY

- for destruction of competition floor or damage or contamination of the competition area = starts at 1,000 CZK (or the amount charged by the landlord or the owner of the damaged item)
- Violence against the opponent = 2,000 CZK
- Falsification of personal data or registration card data = CZK 2,000 and disqualification
- Another problems according to the extent of the offense to be determined by ČACH

## 11.3 DISQUALIFICATION

- provocative clothing, moves or music (unacceptable for moral behavior and cheerleading)
- unsportsmanlike behavior, vulgarity against judges
- doping
- bribery and tampering of judges
- any violation of the rules against Section 2.2 Crossovers

Each team that will not follow the regulations of the rules will be disqualified and automatically lose a claim of any prize or award or nomination.

## 12 QUESTIONS

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Team contact person can send any questions regarding rules, competitive choreography, or processes at least 2 weeks before the date of the competition  
For later queries, it is not possible to guarantee their timely response.

## 13 COMPLAINS

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Any complaints about the organization or administration must be received in writing form within one week (7 calendar days) after the competition to ČACH and will be invoiced at the same time with the handling fee of 500 CZK (for each complaint regarding a competition performance). In the case of a justified complaint, the fee will be refunded.

Judge's results are final and will not be subject of a review.

## 14 SUMMARY OF TERMS

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- 24. 2. 2018 – deadline of the registration
- 9. 3. 2018 - the latest date for reporting inevitable changes
- 16. 3. 2018 – deadline for sending a music
- 24. 3. 2018 – a competition day

# 15 FINAL CONSTITUTION

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An integral part of these rules is the Glossary of Terms and Level Book for Cheerleading / Performance 2017/18 and the Document with Scoresheets ČACH 2017/18, which are available as separate documents at [www.cach.cz](http://www.cach.cz).

These rules are issued by the Czech Cheerleaders Association within European and world regulations. The rules are subject to the Copyright Act No. 121/2000 Coll. with later changes.

Print errors, errors and changes are reserved.

**Prague 20. 12. 2017**

