



Roller Coaster Cup 2016
e-Bulletin #1

Information and instructions for competitors

Dear cheerleaders, coaches and team managers,

Thanks for submitting your applications for the second year of competition Roller Coaster Cup 2016! Hold your hats, it's quite a ride :-)
923 competitors from 29 teams signed up to participate and will perform **225 choreographies!**

TOP INFO

- **923 competitors from 29 teams**
- **10 Certified judges (USA, SLO, HU, CZE, DE, AT)**
- **Medals for all athletes placed in the top three places, including coach**
- **Trophy and Diploma for the team**
- **Exhibition of the Czech National Team, "CN / CT Junior"**
- **Projection on two LED screens**
- **Webcast TVCOM, streaming on Facebook and Instagram**
- **The newly refurbished hall**
- **VIP room for coaches, free entry for them**
- **Tickets purchased during Ticket Network portal at discounted prices**

CONTEST DAY

Saturday 19. 3. 2016

For the details of the day of competition see competition schedule.

THE ORGANIZER OF THE COMPETITION

Česká asociace cheerleaders, www.cach.cz

PLACE OF COMPETITION / COMPETITION HALL

TJ Královka, Nad Královskou oborou, Praha 7



TRANSPORT CONNECTIONS, PARKING

Public transport tram stop Sparta

Please note that it is not possible to park in front of the hall because of a system of paid parking zones. Eventually you can use paid parking on Letna Plan, opposite the football stadium Sparta Prague, or at the technical museum, Price 40, - CZK / hour for cars. If we can recommend, leave the car at home or park on the outskirts of Prague.



TICKETS

Presale: Ticketportal CZK 250 <https://www.ticketportal.cz/event.aspx?id=-175962>. On the day of the event and in place CZK 320. Children up to 3 years inclusive - free entrance without tickets and with no claim to their own seat. 60% discount for children under the age of 11 years. On the day of the event and in place for CZK 120.

LINKS TO COMPETITION ON THE WEB

Competition site <http://cach.cz/index.php/akce-a-souteze/rollercoaster-cup-2016>

Facebook event <https://www.facebook.com/events/652261084914468/>

MODERATOR

Markéta Srbová, the reporter of ČT Sport and Radovan Slavík from Fighters Cheerleaders take you through the competition day.

RULES

The competition follows current version of the Rules of RCC, including score sheets, Levelbook CACH 2015/16 and Glossary cache, which can be found on the contest page <http://cach.cz/index.php/akce-a-souteze/rollercoaster-cup-2016>

JUDGES

The jury is composed of 10 certified professionals in the field of cheer and dance. Your choreography will be evaluated by: Sabrina Hadsell (USA/CZ), Christoph Hinze (DE), Bára Schejbalová (CZ), Irena Petan (SLO), Kristýna Beňpová (CZ), Lana Gavrillov (SLO), Istvan Turcsik (HU), Doris Maria Stütz (AT), Simona Míková (CZ), Sausan Julevič (SLO).

TROPHIES

All who take place on the top three places can enjoy **a medal for each member of the group, including the coach!** Team categories will also get a trophy. All competition groups will receive **commemorative diplomas**.

CNCL

The competition is automatically included into the Czech National Cheer League. Roller Coaster Cup is last of this year's league and after adding the results we will know the absolute winner of the league and also the advancing competitors from each division in National Championship Finals 2016 with no need to qualify at the National Competition of small categories.

We remind you that the winner of the team category CNCL 2015/2016 gets trophy, diploma and gymnastic equipment into their gym (cheer Division) or a dance workshop (dance division).

SERVICES, STANDS and ACCOMPANYING PROGRAM:

CNCT Junior Show – The first show of Czech National Team will be at 11:55.

Shuttle bus - Interconnection of competition with Matějská Fair!

A shuttle bus will take you to the attractions to Matějská Fair! No waiting in the hall and boredom. **Free for competitors.** The bus departs always from the Královka hall to Fairgrounds (10:00-18:00 pm), and back from Fairgrounds to Královka hall (10:30-18:30 pm).

Matějská Fair is open from 10 to 22 hours. Look, what attractions await you this year: <http://www.matejskapout.cz/>

Bracelets

Do you like collecting medals, ribbons, shorts or swapping competitions Tshirts? Then just for you we have prepared for this season a brand new collection of collectible bracelets in various designs of every single competition. To purchase only at ČACH competitions!



In the lobby of the hall you can also enjoy: **Sparrow cheer shop, tastings from the company Nutrilite, stickers and buttons with cheer themes, cotton candy, Brilliantina workshops and more.**

Refreshments can be found in the ground-floor hall lobbies.

ONLINE BROADCASTING

Online broadcasting on **TVCOM** – link will be at the day of the competition on Facebook **ČACH**
Streaming to **Facebooku ČACH**
Streaming to **Instagramu ČACH**

In case of any accident there will be **ICE** ready by the health care workers in the hall.

ORGANIZATIONAL GUIDELINES FOR TRAINERS AND COMPETITORS

MUSIC

All competition groups send their musical documents by e-mail to music@cach.cz the latest 2 weeks before the competition ie. to 4. 3. 2016. In case of later delivered music document the organizer no longer ensures their processing and control, and the team is obliged to ensure the start of the music itself, on its own CD or flash drive).

The musical accompaniment must be properly marked with a competitive performance number, team name, an acronym of competitive division and competition group eg. : 001_Bears_CTAS6_GreanBears.MP3 (number of competitive performance, refer to the schedule of competitions). We also recommend having a backup medium (eg. CD or flash drive) and one representative from the team during the competition by musical production.

CONTACTS DURING THE DAY OF COMPETITION

In case of doubt during the day: **Maruska Cerhová 721570875**

Registration and arrival: **Renata Stefanova 737 744 477**

REGISTRATION OF COMPETITORS

Registration of teams will take place from **7:30 to 15:00** in order in which the competitors arrive. In the case of interest about late team registration, please arrange a specific time with Renata Stefanova.

For registration we ask for **presence of trainer / responsible person** who is required to report any possible changes of the contestants or the possible repeal of the competition performances. Coach / person responsible for registering will receive the current schedule, if there are changes since the last version submitted. There will be evidence of contestants and accompaniments, who are listed on the application form.

NONCOMPETITIVE ACCOMPANIMENT

Only competitors and their accompaniment with an identification mark can enter the backstage area. Identification mark applies also as the ticket.

Non-competing team members, parents and other viewers must purchase a ticket and can move only in public areas (not in the backstage areas)!

A SPACE RESERVED FOR CHANGING CLOTHES

They are intended for changing clothes. We are not responsible for valuables left in the hall / dressing room - we recommend saving your valuables with your coaches or accompaniment.

SITUATION PLAN OF THE HALL

It includes drawing of the movement of competitors to the area and exit the area.



WARM-UP ZONE

A dedicated area in the complex - see hall layout plan. The warm up is intended by schedule, **one hour before the competition performance**, the music will be played from file, supplied by you. We recommend that you have your backup medium. Between **11:15 and 11:30 is warp-up area reserved only for Junior national team** and closed for other competitors.

THE ARRIVAL OF ATHLETES BEFORE COMPETITION PERFORMANCE

Competitors are ready to enter the competition area according to the order. **At the entrance to the competition area there are always 3 competitive groups ready for entering the area.** Each competition group itself is responsible for its timely preparation to enter the competition performance **according to the schedule, which may change during the day for a few minutes.** Please watch for any changes.

COMPETITION FLOOR

Placement of competition floor for CHEER (from the perspective of the viewer's left) and DANCE (from the perspective of the viewer's right) you can see on the attached situational

plan. For cheer divisions the floor is made of so called **FLEXI ROLL 12x12m**, for DANCE divisions standard **BALETIZOL** is used.

PLACE FOR COACHES

Place for coaches will be marked **in the corner of the competition area** with a rug with the ČACH name and ČACH logo. At this point there could be **maximally 2 coaches** during the competition performance. Please keep calm, so the jury could evaluate the competition performances well. It is **prohibited to sit in front of the judges and walk behind them**. Violation of this prohibition may result in disqualification of the group.

FEEDBACK PROJECTION

The group can watch and enjoy their performance in the warm up area ;-)

ANNOUNCEMENT

As part of the competition there will be the interim announcement, so please **follow the schedule and get to announcement at a given time**. We ask all teams as part of fair play behavior **not to leave during the ceremony and wait til the end of the ceremony**.

Score sheets for your team will be available at the end of the competition day at a table with trophies.

VIP COACHES ROOM

COACHES VIP ROOM will be prepared for coaches with light refreshments, coffee and a view of the area, where they can relax and tell each other experiences during the busy day.

COACHES MEETING

There will be 2 coaches meetings in coaches room during the competition day – at 10:30 or 16:30.

GENERAL TECHNICAL GUIDELINES

Entrance to the hall is possible only in a **clean indoor shoes**. Trainers also watch your shoes, heels, etc! In case of leaving the inner area of the hall it is necessary to change the shoes! Contamination of the competition floor or interior of the hall will be dealt with a fine or disqualification!

Due to security measures, and sporty character of the event **IT IS STRICTLY PROHIBITED TO SMOKE IN ALL AREAS OF COMPETITION HALL!**

Please **keep order and quiet** in the premises for changing clothes and other backstage areas. Use garbage bins.

Be considerate to other competitors, judges and spectators. We are asking for keeping quiet around the competition area - the coach is responsible for the discipline of the team!